

### **1. Regular National Service Scheme (NSS) Activities:**

The NSS units in the Institutions conduct activities such as campus beautification / cleaning, planting of saplings, blood donation, activities, programmes on development of leadership qualities and personality development, awareness on health & hygiene, consumer, enrolment of new voters, evils on the use of plastics and road safety, disaster mitigation/management, first aid, soft skills, entrepreneurship development, career guidance, rain water harvesting, observing important National days, programmes on values, national integration and social harmony. In addition, basic technical training for rural unemployed youth and to fillip self-employment is given. Programmes on women empowerment and initiatives on Self Help Groups (SHG) were conducted.

In addition, during the year 2018-19, all the students of this University were involved in the Swachh Bharat Mission cleanliness awareness campaign in the campus, public places such as bus stand, railway station, hospitals, libraries and in the adopted villages / slums.

### **1. Special Camping Programme:**

Under Unnat Bharat Abhiyan (MHRD) programme, 7 day camps are organized in adopted villages and slums during vacations on specific theme with the involvement of local community. As per guidelines, Fifty percentage of NSS volunteers are expected to participate in these camps. The camp helps to broaden the outlook of the students and develop in them a sense of national consciousness and social responsibility besides inculcating self discipline, self confidence, group living, positive attitude, and tolerance and leadership qualities. The volunteers created durable assets such as construction of toilets, class room, bus shelter, compound wall, basement for hand water pumps, flooring in the class room, laying of pipelines for drinking water in villages and renovation / construction of rain water structures in the adopted villages / slums during camps.

### **Red Ribbon Club (RRC) regular activities carried out at University**

Trainers trainee program for RRC Program officers.

Ø Peer education training program for RRC volunteer.

Ø District wise trainers trainee program conducted at four district with different dates .

Ø Celebrating life module program conducted for university students.

Ø RRC volunteers certificates distributed to all RRC colleges affiliated to the university 2012-2018.

∅ Imparting 6 to 10 hour sessions on the curriculum “Celebrating Life”

∅ Peer education and leadership training.

∅ Competitions (Debates, Quiz, Drawing and Painting)

∅ Interactions with positive people.

∅ Interaction with ICTC, ART, Blood Bank Medical Officers and Counselors and Transgender.

∅ Peer leaders conventions.

∅ Awareness campaigns ( rallies, outreach activities) and exposure visit.

### **Swachh Bharat Mission**

Swachh Bharat Mission is started in Thiruvalluvar University

As the great Saint Thiruvalluvar Quote’s :

A country's jewels are these five: unfailling health, Fertility, joy, a sure defence, and wealth

Our Thiruvalluvar University could be one of the example of clean campus, as our campus is maintaining the plastic free, smoke free, garbage free zone. Because of it cleanliness, the campus provides the clean and dust free environment to students and staff. THIRUVALLUVAR UNIVERSITY has environment friendly initiatives such as rain water harvesting, solar energy, honey bee garden, mushroom cultivation etc. Thiruvalluvar University has already taken various strategies to implement green campus initiatives.